

IN ONE INSTANT

Teen Safe Driving Program

QUICK OVERVIEW FOR STUDENT LEADERS

In One Instant is an award-winning teen safe driving video program made by teens - for teens, with engaging followup activities that can be done In-Person or Virtually. It's been implemented in over 3,500 schools nationwide. In One Instant makes the topic of distracted, reckless, and impaired driving personal and relevant. The program helps teens stay safe behind the wheel, and influence their friends and family to do the same.

Implementing the In One Instant Teen Safe Driving Video Program at your school is simple and easy. Student Leaders will understand how to host In One Instant in the classroom, as an assembly, or online by following these steps:

STEP 1: Get Your School On Board

First, check out [Student Leaders Intro-Why Join](#) (also on our website inoneinstant.org).

Next, find an administrator, counselor, or teacher to sign up your school and provide any assistance with hosting the program. Your Educator can Sign Up at: [Get the Program](#) which is also located on our website.

STEP 2: Sign Up as a Student Leader. The In One Instant Program Package will be Emailed to You & the Educator who Signed Up.

[Sign up to be a Student Leader Here](#) Upon signing up for the program, In One Instant will email the Program Package, which includes a private link to the Video, Student Leader Guide, Educators Guide to hosting post-program activities, and a link to the In One Instant Pre- and Post-Program Survey.

We also include guides for teen driving tips/community service opportunities and a Parent Handbook. Make sure both you and the Educator who signed up for the program receives the Program Package. Remember that In One Instant can be hosted in **one class period** or easily expanded for **multiple class periods, with activities that can be done throughout the year.**

STEP 3: Download the In One Instant Video

Once you have received your In One Instant Program Package, make sure to download the Video from the private link to view at maximum quality and especially to avoid buffering or streaming issues.

STEP 4: Choose Your Follow-up Activities

All activities can be found in the Educator's Guide. Be sure to prepare activities and/or have links available to utilize after the video has concluded. **Below are activities that can be used during in-person or virtual sessions:**

Follow-up Activities

- *Peer-driven Discussions*
- *Guest Speakers*
- *Role Play Activity*
- *Driving in Jeopardy*
- *Virtual Advocacy & Digital Projects*
- *Reading & Essaying*
- *“Vow to Live” Pledge*
- *Community Service Opportunities*
- *Mock Crashed Car * (for in-person hosted program)*

After you implement In One Instant please have your classmates complete the short, anonymous post-survey.

We're looking forward to helping you in any and all ways!

-THE IN ONE INSTANT TEAM